“The cell was so small, it barely accommodated one person. I slept on a dirty, smelly mattress and had to use a tiny, smelly toilet. The walls were rough and it was impossible to lean against them. They did that on purpose so that no one could sit comfortably and would be forced to lie on the filthy mattress.” age 16 (15 days in isolation)

“I did not know day from night. The cells had no windows except ventilation gaps. The lighting was yellow and was kept turned on the entire time, which was harmful and exhausting to the eyes.” age 17 (11 days in isolation)

“I was usually interrogated around noon and for several hours, during which time I was not assaulted, but I was threatened that I would stay in solitary confinement if I did not confess.” age 16 (30 days in isolation)

“I did not see anyone except the interrogator and the prison guard.” age 17 (6 days in isolation)

“I was interrogated almost every day for 24 days in Asqalan prison, four to five hours per day. They would pound the table and threaten to beat me if I did not confess.” age 17 (16 days in isolation)

“I was given prison clothes and detained in a windowless cell. Its smell was very foul, and the lights were turned on all the time. The air conditioner was turned down to a cold temperature.” age 17 (10 days in isolation)

“The cell was very small and not suitable for human beings. Even animals would find it difficult to live in it. I could not tell whether it was day or night.” age 16 (17 days in isolation)

“The interrogation would start every day at 7 a.m. and finish at around 7 p.m. ... it made me exhausted. I even complained to the interrogator and told him I would kill myself if things did not change. So, I confessed to throwing stones and Molotov cocktails.” age 17 (8 days in isolation)